

St John's Court Monthly News Letter



HAPPY NEW YEAR
January 2019

Planned Events for the January:

Thursday 3rd January- Mini bus trip to Bowling Ally 10am- 1pm

Friday 4th January 2019 progressive Mobility at 11am

Monday 7th January 2019 Bollywood Entertainment 2:30pm

Thursday 17th January 2019 Due to popularity, we have a second trip to Bowling

Monday 21st January 2019 Find your voice Sing a long 3:15pm

Friday 25th January 2019 Burns night entertainment

Next month we plan to print the entertainment list that is taking place at Housman Court. Residents and relatives will be welcomed to go across and participate in their in-house entertainment and activities if they wish to do so.

Likewise for residents and relatives who wish to come across to us at St Johns Court.

PLEASE SEE THE ACTIVITY BOARDS FOR DETAILED SHCEDULE

NEW YEARS EVE

Ladie's and Gentlemen and family members celebrated in style on New Year's Eve. This year we did something a little different and celebrated at 12 noon- Karaoke, good company and glass of fizz....what more do you need!



WHAT A FUN MONTH DCEMBER WAS!

Event's which took place in December

- Thursday 6th December saw us take our annual trip to Webb's for a bit of Ice Skating. It was an amazing day.





- You probably noticed our Christmas decorations around the home. Tuesday 11th December was judging day of our decorations and our Christmas cake. Keren Wilkinson our chief executive and our trustees- John, Vanda and Tony came to support the homes in judging the decorations and cake, residents, staff and student volunteers had worked hard at making and adding that festive feeling to the home. The cake was a little different this year- it was a Caribbean rum Christmas cake, Santa lying on a beach relaxing after all his hard work.



- Friday 14th December Church service with Carols.



- Monday 17th December Everybody Loves Ruby Red Entertainment



• Wednesday 19th December Children's party with residents, What a popular party this was! Everyone had great fun including the adults!



- Christmas Eve Fancy Dress and carol singing.



- Friday 28th December we had our annual Remembrance service. It was lovely to see so many faces at the remembrance service. Thank You to all that came along and made the service very special. Thank You to the end of life champions who helped organize the service and prepare for the day. Thank You to Laura who led the service and Laura who kindly agreed to sing for us last minute. You were brilliant.



Forth coming Residents Birthdays:

Michael 3rd, Nen 19th, Charles 23rd

All residents Birthdays are celebrated with a Card from all at St John's Court & a Birthday Cake. If families wish to stay for lunch or have a room made available for family to hold a get together then please let us know. The activity team will also be happy to support with any entertainment you may wish to book.

Forth coming staff Birthdays:

Lynne, Karin, Leslie, Carol, Karen, Jane, Lisa & Crissy
We wish you all a very Happy Birthday

Special Celebrations:

Long Service Awards

We try to recognise all staff and their hard work and dedication to the trust. We do long service awards for those who have been with us 5, 10, 15 and 20 + years. We were joined by Keren, the trust's CEO, and our trustees, John, Vanda and Tony on 11th December to present these awards to staff members. Unfortunately, some staff members were on leave but they will be recognised at the next presentation in 2019.



Mel has been with the trust for 15 years.
Congratulations and a big thank you to Mel for all she does for St Johns Court



Lorna celebrated being with the trust for 5 years. A big thank you and well done to Lorna for your hard work.

St John's Fundraising:

Droitwich Spa Foodbank

Christine teamed up with Lisa from Housman Court and collected altogether 88kg of food to go to the foodbank. They also collected large quantities of clothing which will be taken to Maggs homeless Centre in Worcester.

Well done Christine and Lisa- we are all very proud of you both for doing such a worthy thing.



We have a whole list of ideas for fundraising for St Johns in 2019.

- Music events
- Victorian Fete in the summer.
- running races for the trust.
- possible boxing events.

If anyone would like to take part or has any ideas for how we can fundraise for the residents funds please let me, Claire or the activities team know.

Dates for your diary!

Residents & Relatives Meeting:

These meeting will continue throughout 2019. Please do let me know if there is anything you would like to see in the meetings. Everyone is welcome to attend these meetings. The minute from the last meeting are on the notice board if you would like to have a look.

(These dates may be subject to change)

- Thursday 14th February at 11am and 6pm
- Thursday 11th April at 11am & 6pm
- Thursday 13th June at 11am & 6pm
- Thursday 15th August at 11am & 6pm
- Wednesday 16th October at 11am & 6pm
- Wednesday 11th December at 11am & 6pm

Cuppa & Cake Meetings with the Cook:

The very popular Cuppa & Cake meetings continue with Pat our Cook alternate months & these are listed below:

- Thursday 21st February at 3pm
- Thursday 18th April at 3pm
- Thursday 20th June at 3pm
- Thursday 22nd August at 3pm
- Thursday 24th October at 3pm

Coffee Mornings with themes:

- Thursday 21th January 11.00-12.00noon – Human Rights and diversity
- Thursday 28th February – 11.00-12.00noon – Gold Standards Framework
- Thursday 28th March – 11.00-12.00noon – Oral Health
- Thursday 25th April – 11-12noon – Celebration of our volunteers
- Thursday 30th May – 11.00-12.00noon – Chronic conditions & pain
- Thursday 27th June – 11.00-12.00 noon-Men's Health
- Thursday 25th July – 11.00-12.00noon– Medication
- Thursday 29th August – 11.00-12.00 noon- exercise & hydration
- Thursday 26th September – 11.00-12.00noon – Influenza & Vaccination
- Thursday 31st October – 11.00-12.00 noon- Mental Health
- Thursday 28th November – 11.00-12.00noon - Diabetes
- Friday 30th December – Remembrance Service – 2pm – 4pm

Everyone is welcome, ladies & gentlemen, relatives & team members, to join us for this social event where there will be refreshments & cake & information on relevant subjects to help make improvements in the support we offer.

Employee of the Month:

I would like to thank all of the team at St John's Court as you all work really hard to make it a lovely home for the residents & a happy place to work.

You all deserve to be nominated for Employee of the month for making such a difference to all the ladies and gentlemen who live with us here at St John's Court - but.....

The winner of Employee of the Month for November is:

Wayne B

Well Done & thank you for making a difference.

Reasons for nominations:

- Hard working
- Always willing to help out where needed and happy to help

Other nominees were:

- Everyone has been amazing over Christmas, it has been a lovely atmosphere in the home.
- Kelly: For always being willing to help out.
- Ellie: She has fitted in really well as a new team member and is happy to help when asked.
- Simone: A new member of the team, she is a brilliant carer and very pleasant and caring to residents.

Please support us & let us know who has made a difference to your daily life, nomination forms are in reception & these can be put through the office letterbox.

www.carehome.co.uk

PLEASE PLEASE LEAVE A COMMENT – ALL YOUR FEEDBACK IS GREATLY APPRECIATED AND ALLOWS OTHERS TO READ YOUR REAL EXPERIENCE'S WHICH CAN BE INVALUABLE.

carehomes.co.uk is a website that has really useful information for those who are looking for a care home for loved ones so they can read real comments and reviews. Although we have our outstanding ratings we have very few reviews on carehomes.co.uk so please take the time if you can to leave your feedback. We have feedback cards, which can be completed and posted free to carehomes.co.uk. This feedback is exceptionally important. The cards can be found in reception and on first floor hallway. I will also aim to give some cards out in the residents and relatives meetings. If you would like more information, please let me know.

Trust Rebranding:

It's nearly here! As of Sunday 7th January 2018 we will be known as Amica Care Trust. Amica has a meaning of friend.

In reception there is a notice which has the logo printed on.

Thank you to everyone who contributed and volunteered for our recent photo shoot. These photos will be used for the rebranding and the new Website which will be available to view very soon.

We have a launch day for our new rebranded name on Wednesday 6th February. We want this day to be fun and special. We will have entertainment and lot's of visitors will be invited.

Please let us know if you have any ideas or would like to see anything-specific happening on this day.

More details will follow and look out for details around the home.

- New Care planning system – You may all be aware now that we are now using person Centred Software for our care planning. The team each have a hand held device, looks just like a phone but definitely isn't. They are able to document their notes straight away making it more concise and effective. The team seem to be

fans of the new system and have already said it gives them more time with



residents.

It has pictorial icons to click and you can also speak into the handset, which each team member will have whilst on duty and it will record you care plan entry. There will also be a relative portal so that relatives can log on to see what their loved one has been doing and the support they have received.

If you would like to see how the new system works please let me know and I will show you.

Gold Standards Framework:

We continue with the progression of instilling the GSF within the home and the team. The Gold Standards Framework (GSF) is a well established programme which provides tools & guidance to help care homes & other health providers to all work to the same high standards when supporting with end of life. End of Life is recognizing when someone is entering the last twelve months of their lives & ensuring that their wishes are communicated & documented to allow us to support them & their loved ones at what can be a difficult time. This is extremely important so that we can ensure we adhere to individual wishes & make their End of Life & death a 'good death'. We already hold details of individual's wishes but we will be developing this further to provide a very clear picture.

Somerset Redstone Trust Values:

All team members are aware of the Trust Values and the importance of working within these values to ensure the highest standard of care and support are offered to all involved with St John's Court and the Trust.

- Passion & Joy
- Working Together
- Open & Honest
- Positive Attitude
- Kindness & Respect

We have these values outside each bedroom and will include who your Senior team member is and your keyworker so that everyone has sight and is reminded of our Values.

Development of the Home:

We have now decorated our ground floor hallway, we are just in the process of ordering the carpet so it should all be completed very soon. We hope you like the wallpaper!

We then aim to decorate the upstairs hallway.

We will endeavor to keep the disruption to a minimum.

We have been very fortunate and relatives have been looking into possible new projects for the residents of St Johns Court. One of the projects is a silent call bell system, relatives JK & BS have kindly been speaking with different charities. Fortunately, for us, the Rotary club Bromsgrove have kindly donated £3000, which we can put towards the silent call bell system. We have a new care planning system implemented and the silent call bell system can be incorporated into this new system. Once the PCS is up and running, there is a possibility the trust will look into initiating the call bell system. Speaking to charities JK & BS found out that there are also charities that are able to support individuals who may be struggling and we felt this might be of benefit mentioning in the recent residents and relatives meeting and the newsletter. United Bromsgrove Charity support individuals who may be struggling financially, having to work to support loved ones in the care home environment.

Staffing Levels:

We also often get asked how we calculate staffing levels within the home. Each resident has a dependency tool which we review regularly & this determines their level of support needs. This information is then put into a staff calculating tool and this then generates the amount of care hours we need to support those we care for.

I will now start to include our dependency/staff hours in the newsletter for you to view.

If you have any questions please do not hesitate to contact me.

Facebook Page:

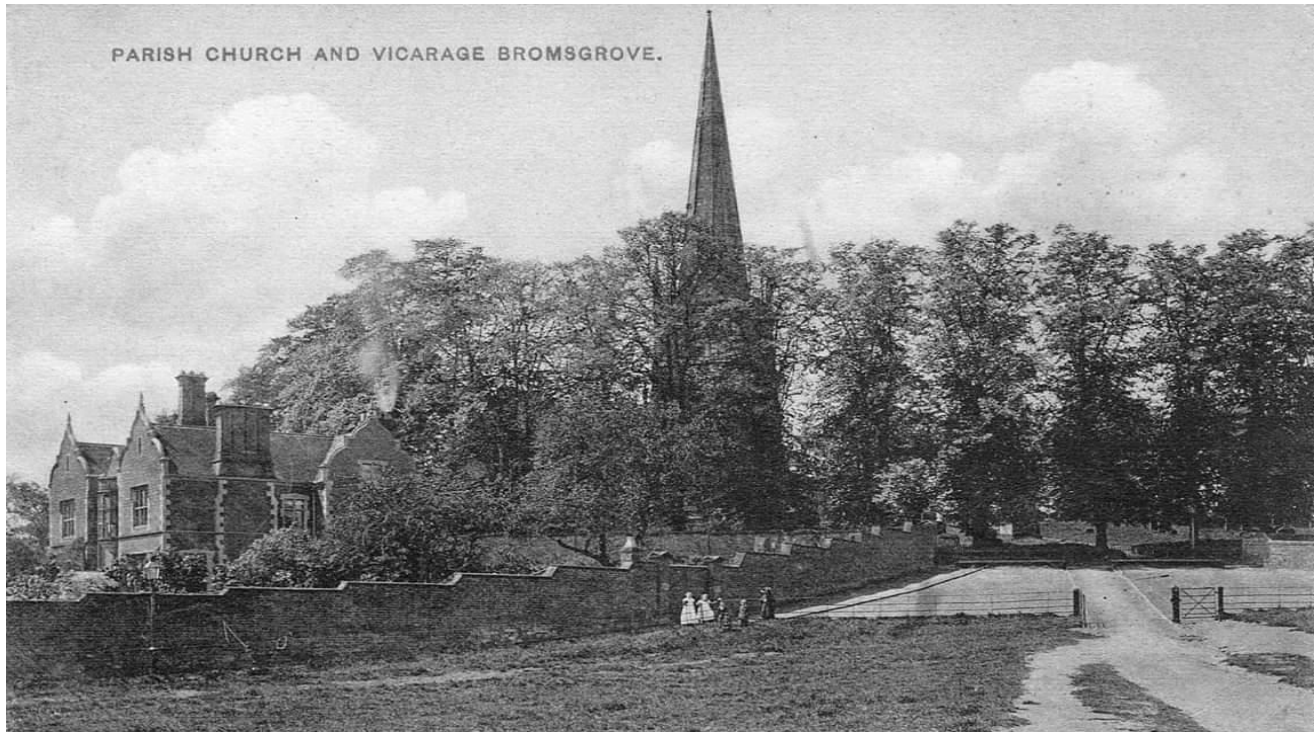
Due to our rebranding we have had to close our facebook page however watch this space.....

January Facts

- January is named after the Roman god Janus, who was always shown as having two heads. He looked back to the last year and forward to the new one. 2. The Anglo-Saxons called January “Wulfmonath” as it was the month hungry wolves came scavenging at people's doors.
- January is the first month of the year in the Julian and Gregorian calendars and the first of seven months to have a length of 31 days. The first day of the month is known as New Year's Day
- The birthstone for January is the garnet; the flower is the carnation.
- The only Shakespeare plays that mention January are Much Ado About Nothing and Winter’s Tale.
- Daytime temperatures in January make it the coldest month of the year in the UK. February nights are colder in England (but not Scotland).

Lisa found this old picture for us of St Johns when it belonged to the parish.

If anyone has or finds anything related to the history of St Johns please let us know.



HAPPY NEW YEAR!
WE WOULD LIKE TO WISH EVERYONE LOTS OF HAPPINESS AND GOOD
HEALTH!
LETS MAKE 2019 A GOOD ONE!

We hope that you have enjoyed our Monthly Newsletter.
If you have any news, facts or poems to go into our News Letter then please let Faye, Mel, Heather, Ffion or Doreen know so that it will feature in the next News Letter.